



RunToThe Greater Belhaven Market!

5K Run/Walk
1 Mile Fun Run
30 yard Tot Trot

8:00 a.m., Saturday, June 12, 2004

Sponsored by the Greater Belhaven Neighborhood Foundation and directed by the Mississippi Track Club, the course includes flats and hills through the historic neighborhood of Belhaven. The Greater Belhaven Market, open EVERY Saturday, April 3-December 18, 9 a.m.- 1 p.m. will be the award presentation site.

Cost: \$15-pre-registration (No refunds) \$20.00-on race day \$10-Fun Run No charge for the Tot Trot.

Registration: Pre-register by mail, post-marked *no later than Saturday, May 29, 2004*. Race day registration begins at 7:00 a.m. at the Greater Belhaven Market site, located on the corners of Fortification, North and Carlisle Streets (behind the McDonald's on North State Street). Enter on Carlisle Street.

Race Amenities: 5K Race T-shirt, beverages, fruit, door prizes after the Fun Run. T-shirt sizes are only guaranteed for pre-registered participants. **Market gift certificates will be presented (big hit with the runners last year!!),** in lieu of trophies, for age groups 20 and over. Extra t-shirts--\$10

Awards & Age Groups: Award ceremony to be held on the Market site immediately following the 1 Mile Fun Run. A male/female winner in the overall, masters, and grand masters divisions will be given. As well, 1st, 2nd, 3rd places in the following age groups will be awarded:

5K Run(female): 14 and under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65 & over.

5K Run(male): Same as 5K Run (female).

5K Walk: 19 and under; 20-29; 30-39; 40-49; 50-59; 60-69; 70 & over.

1Mile Fun Run: 0-6; 7-10; 11-15. **Tot Trot:** 0-3

Registration Form

To register, please complete and return with \$15 payment payable to *the Greater Belhaven Market:*

Run to the Market
c/o Julia Daily
1631 Peachtree Street
Jackson, MS 39202
601-948-6436

5K Run () 5K Walk () One Mile Fun Run () ages 15 & under Tot Trot () 0-3

Name _____ Phone _____
Address _____ email _____

Age _____ Male _____ Female _____

T-shirt Size (circle one) Small Medium Large XL XXL (\$2 extra charge)

WAIVER: In consideration of this entry acceptance, I, the undersigned as a participant in the Run to the Market 5K Run, waive any and all rights and claims for myself, heirs, executors and administrators of damages that I might have against the Greater Belhaven Neighborhood Foundation, the Greater Belhaven Market and any and all sponsors, its members and volunteers, MS Track Club, and any and all officials which may indirectly or directly be connected with this race, in case of any injuries, loss or death sustained by my participation. I further state that I am in proper physical condition to participate and compete in the Run to the Market and I am not participating against doctor's advice nor am I taking medications that would deter my health in the participation of the Run.

Participant's Signature _____ Date _____

Signature of Parent or Guardian, if participant is under age 18