



Mississippi
Track Club



Kids' Only 1 Mile Fun Run

8:30 a.m. -- Saturday,
November 20, 2004

Mississippi College Cross
Country course at
Choctaw Trails, Clinton

Race is run entirely on grass at the Choctaw Trails cross country course, off McRaven Road in Clinton.
Directions: Take I-20 to Springridge Road exit. Turn left if coming from Jackson, right if coming from Vicksburg.
Turn left onto McRaven Road. Follow signs to race site.

NO ENTRY FEE. NO ONE OVER 12 YEARS OF AGE ALLOWED TO COMPETE.

Race-day registration and packet pickup begins at 7:00 a.m. One Mile Run starts at 8:30 a.m. All finishers will receive a medal and t-shirt. Special awards to overall male and female.

Sponsored by the MS Governor's Commission on Physical Fitness & Sports

ENTRY FORM

MTC KIDS' ONLY 1 MILE FUN RUN

Mail to: MTC, P.O. Box 1414, Ridgeland, MS 39157. For more information, call the MTC Hotline 856-9884.

Name: _____

Address: _____

City: _____ State _____ Zip _____

Date of Birth (DOB): _____ Age as of 11-20-2004 _____ Sex _____

WAIVER: In consideration of your acceptance of this entry, I hereby for myself, my heirs, my executors, and administrators, waive any and all rights and claims for damages I may have against the Mississippi Track Club, Inc., Mississippi College, and any individuals associated with this event, for any and all injuries or death suffered by me in connection with said event. I hereby certify that I am adequately trained and fit to run in this race and I fully understand that my participation in this event is a completely voluntary undertaking of my own choosing, and further, I fully understand that in so doing, I assume all risks involved in this event. In completing this form, I acknowledge that I am an amateur in such events. I also give permission for the free use of my name and picture in any broadcast, telecast, or print media account of this event. I acknowledge that I have read and fully understand my own liability and do accept the restrictions.

Signature of parent or guardian _____ Date _____