

UPTON TIRE PROS Sun King Memorial 5K Run & Walk and 1 Mile Fun Run

Saturday, October 23, 2004 • 8:00 a.m.
St. James Episcopal Church • Jackson, Mississippi

START TIME:
8:00 a.m. / 5K Run & Walk
9:00 a.m. / 1 Mile Fun Run
Start and finish at St. James Episcopal Church
on Oak Ridge Dr. in Jackson.

ENTRY FEES:
\$15 pre-registration received before Oct. 18;
(\$50 maximum pre-registration fee per family)
\$18 after Oct. 18 (checks should be made out
to ST. JAMES EPISCOPAL CHURCH)

REGISTRATION:
Registration forms should be mailed to
Alison Harkey, 101 Woodmont Way, Ridgeland, MS
39157, postmarked no later than October 18.
Packets can be picked up Friday, Oct. 22
from 11:00-5:00 at St. James Episcopal Church.
Packet pickup and late registration
will begin at 6:30 a.m. race day.

COURSE:
This challenging course will start and finish at
St. James Episcopal Church in the historic
Fondren Neighborhood of Jackson, Mississippi.

CONTACT:
For more information contact
Alison Harkey, 601-853-1629.

AWARDS:
Original awards will be presented to the top three
finishers in each of the following divisions:

5k Run Male & Female		5k Walk Male & Female		1 Mile Fun Run	
Overall	35-39	Overall	30-39	Overall	6-7
Masters	40-44	Masters	40-49	5 & under	8-9
14 & under	45-49	14 & under	50-59		10-12
15-19	50-54	15-19	60-69		
20-24	55-59	20-29	70+		
25-29	60-64				
30-34	65+				



THE SUN KING

The Sun King 5K was originally conceived and run in memory of Ernest Lawhorn whose life was tragically ended in 1979. Because Ernest was an avid runner and his wife, family and friends could think of no better tribute than to organize a race in his memory.

This year his family decided this should be a Memorial Race to celebrate the lives of all those we have loved and lost. It is our hope that families will participate and/or sponsor the Sun King 5K in memory of someone they wish to remember and honor in this way.

The Sun King 2004 will benefit St. James Episcopal Church outreach projects for housing which include Stewpot Shelters, Billy Brumfield House, Matt's House and Sun's Haven, as well as Habitat for Humanity and Grace House. All of these non-profit organizations seek to improve the quality of life for area citizens by offering a variety of shelter needs.

2004 TITLE SPONSOR
Upton
TIRE PROS

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- I wish to enter:
- 5K Run
 - 5K Walk
 - 1 Mile Fun Run

Please make checks payable to
St. James Episcopal Church and
mail with this registration form to:
SunKing 5K
101 Woodmont Way
Ridgeland, MS 39157

Name _____

Phone # _____

Address _____

City _____

State _____ Zip _____

Age on 10/23/04 _____ Sex _____

Adult T-shirt size (circle one) S M L XL

Youth T-shirt size (circle one) L XL

(T-shirts guaranteed to first 250 entrants.)

General Release and Waiver:
In consideration of this entry acceptance, I hereby for myself, my heirs, executors and administrators, waive any and all rights and claims for damages I may have against the sponsoring parties or any individuals associated with this race for any and all loss, injuries, or death sustained by me in this event. I attest that I am physically fit and have sufficiently trained for competition of this race.

Signature of runner (or parent if under the age of 18) _____

Date _____