
2005



*Heart of Mississippi
5K Run / Walk*

Saturday May 21, 2005

- Race:** Saturday May 21st 8:00 am
- Distance:** 5K Run / Walk • 1-Mile Fun Run
- Route:** Starts at Heritage Banking Group making a loop through town back to bank for finish
- Entry:** 5K Run / Walk (\$10.00 pre-reg. / \$13.00 race day)
Fun Run (\$5.00 pre-reg. / \$7.00 race day)
Family Pack* (\$30.00 pre-reg. only)
*Parents and dependents living at same address only
Track Club Team** (\$30.00 pre-reg. only)
**Up to five members per team only
Includes official T-shirt

Contact 601-267-7311 for details



Carthage Discount Drugs
601-267-4533



**Joiners
Building Supply**

Kicks98



THE CARTHAGINIAN



Central Medical Equipment • Citizens National Bank • East Main Street Grocery • Farm Bureau Insurance
First Financial Bank • Hisan • State Farm Insurance • The Citizens Bank • The Heritage Agency

GRAND PRIX EVENT

5K Run Age Group:

Male: 10 & under, 11-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & above, High School Track Club
Female: 19 & under, 20-29, 30-39, 40-49, 50 & above

Awards:

Overall 5K Run: Male and Female winners will receive prize money of \$50 each.

Track Club Teams: Will receive a team award, but members qualify for age class awards. Each team may have up to 5 members. Top three times will be averaged to determine team awards.



5K Walk Age Group:

Male & Female: 19 & under, 20-29, 30-39, 40-49, 50-59, 60-64, 65 & above

Awards:

Overall 5K Walk: Male and Female winners will receive prize money of \$25 each.

One Mile Fun Run:

Age Groups: 5 & under, 6-7, 8-9, 10-11, 12-13, 14-16 No one over 16 is allowed to participate.

Awards:

Overall Fun Run: Male and Female winners. 1st, 2nd, and 3rd place winners in each age group. Ribbons will be presented to all participants.

All Proceeds From Race Will Go To Benefit the D.A.R.E. Program

2005 Heart of Mississippi 5K Run / Walk

Registration Form

I wish to enter the: (Check one)

5K Run

5K Walk

One Mile Fun Run

Name: _____ Telephone: (____) _____
(First) (Last)

Address: _____
(Street or P.O. Box No.) (City) (State) (Zip)

Sex: ___ Age as of May 21, 2005: _____ T-shirt size: ADULT - S M L XL XXL YOUTH - S M

Runner Must Complete • General Release & Waiver Statement

The undersigned certifies that the runner is fit to take part in the Run/Walk and assumes all risks involved. In consideration of the acceptance of this application to take part in the Run/Walk, the undersigned releases the sponsors of the Run/Walk and the Mississippi Track Club, Inc., their agents, officers and employees, and any individuals associated with the Run/Walk from any liability for injury, illness or death suffered by the runner/walker in connection with said participation, or does hereby further agree that this release is binding on the runner and the runner's personal representatives, beneficiaries, heirs, executors and administrators, and further agree that neither the sponsors nor the Mississippi Track Club, Inc., are responsible for the loss of personal items connected herewith. I further authorize the use of my name and picture as may be used for publicity of the race and the results.

Signature of runner (or parent or guardian if runner is under the age of 18)

Date

Mail Registration Form To:
Heart of Mississippi 5K Run/Walk
P.O. Box 437 • Carthage, MS 39051

GRAND PRIX EVENT