UMC Alumni Affairs
Center of Excellence
Run For Your Life

5K Run - Men

Overall: Chuck Engle 17:32
Masters: Mark Lipking 19:42
Grand Masters: Louis Wright 22:12
10 & Under: Will Weissinger 28:23
11-14: Larry Cowan 24:36
15-19: Keith Murray 19:31, Murray Mills 19:36, Taylor Webb 22:41
20-24: Jack Bottcher 18:12, Brent Evans 19:59, Nathan Dean 23:45
25-29: Rob Oates 18:15, Jamey Greene 19:22, Rick McKnight 21:04
30-34: Chris Horton 20:38, Chad Feldman 23:13, Bradley Monk 24:02
35-39: Jerry White 18:19, Bryan Lagg 19:37, Rob McElhaney 20:24
40-44: Dickens Fournet 20:58, John Littich 21:08, John Sewell 21:37
45-49: Charles Allred 21:19, Danny Felton 24:30, Marshall Bouldin 26:45
50-54: Edward Hill 24:22, Stratton Bull 28:55
55-59: George Barthel 25:45, David Dean 28:48, Mark Howe 30:26
65-69: Jimmy Robertson 30:31
70 & Over: Murray Collum 34:23

5K Run - Women

Overall: Yolanda Brown 20:59
Masters: Della Hilburn 23:27
Grand Masters: Don Lee Andrew 21:48
11-14: Kelsey Shumate 29:28, Koren Jenkins 31:05, Anna Weissinger 31:37
15-19: Ann Sorrells 28:11, Rahkeia Barfirld 32:05
20-24: Corina Cox 27:45, Jami Drane 30:29, Robin Rhaly 31:08
25-29: Latasha Pusha 22:15, Kedra Wallace 26:19, Julie Burran 28:37
30-34: Kate Feldman 23;21, Tesia Hill 23;32, Susan Landry 23:51
35-39: Rachel Cowan 22:19, Johnna Freiman 23:54, Donna Lauman 28:12
40-44: Miriam Allred 24:42, Tina Webb 28:30, Dawn Vaughn 31:08
45-49: Luann Ainsworth 25:34
50-54: Christine Carmichael 27;11, Mary Lohrenz 27:12
55-59: Dian Anderson 31:57, Olga McDaniel 41:50
60-64: Judy Crowson 34:31

5K Walk - Men

Overall: Larry Sykes 32:10
Masters: Buddy Brannon 33:21
Grand Masters: Caesar Hamilton 33:29
25-29: Shaun Jackson 44:50, Jason Anderson 45:09, Terry Carpenter 49:23
30-34: Cedric Haynes 54:08
35-39: Todd Jenkins 43:58
40-44: Richard Everitt 51:32
45-49: Danny Johnson 36:17
65-69: Bill Corpus 38:10, Frank McRae 44:43
70 & Over: Jim Myrick 35:50, Willie Hamilton 45:23, Dewey Rainey 46:07

5K Walk - Women

Overall: Monica Thompson 34:37
Masters: Jackie Blue 35:33
Grand Masters: Donna Gonzales 35:53
11-14: Lacey Ainsworth 45;24, Jamie Ainsworth 46:11, Lauren Hamilton 46:12
20-24: Heather Owens 43:57, Melissa Shearer 43:57, Mandy Malone 44:08
25-29: Angela Grant 44:13, Tambra Cherie 48:18, Monica Fowler 49:12
30-34: Sheila Wells 39:29, Rosalyn Howard 42:58, Samecia Stokes 44:01
35-39: Brook Williams 44:05, Barbara Ousby 51 :16, Irene Jones 1:02:37
40-44: Vicki Butler 48:43, Dani Edmonson 49:11, Mary Farbs 50:54
45-49: Karen Myers 36:26, Martha Smith 39:19, Charlyn Dean 41:18
50-54: Debra Kinser 38:07, Denise Wright 48:01, Velma Stokes 48:17
55-59: Lynda Byrd 41:26, Annie Lucious 44:28, Margaret Jones 45:24
60-64: Nancy Dykes 36:35, Scottie Stauddy 39:19, Ethel Gibson 49:41
65-69: Martha Keenum 38:16
70 & Over: Olive Kendall 41:05, Sylvia Rieger 48:42, Grace Allred 53:03

One Mile - Male

Overall: Ralph Moore 7:58
8-9: Raylon Cowan 8:19, Jacobi Holt 10:46, Cole Jenkins 11:07
10-11: Darian Holt 9:59, Zias Williams 11:17, Cameron Holt 12:06
13-15: Greg Weathewrsby 10:45

One Mile - Female

Overall: Trevene Cowan 7:55
5 & Under: Karsen Cowan 11:51, Zatoria Collins 12:07, Delaney Allen 14:04
8-9: Katie Webb 8:13, A.C. Little 10:10, Cederra White 10:53
10-12: :Latoya Collins 12:07, Crystal Young 14:08
13-15: Jessica Triplett 8:33

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COMPLETE 5K RUN RESULTS

Place		Name	Age	Time	Pace	Age Grade
1	1	Chuck Engle	35M	17:32	5:39	17:29
2	1	Jack Bottcher	20M	18:12	5:52	18:12
3	1	Rob Oates	27M	18:15	5:53	18:15
4	2	Jerry White	35M	18:19	5:54	18:15
5	2	Jamey Greene	29M	19:22	6:15	19:22
6	1	Keith Murray	17M	19:31	6:17	19:06
7	2	Murray Mills	17M	19:36	6:19	19:11
8	3	Bryan Lagg	38M	19:37	6:19	19:09
9	1	Mark Lipking	47M	19:42	6:21	18:01
10	2	Brent Evans	24M	19:59	6:26	19:59
11	4	Rob McElhaney	38M	20:24	6:34	19:55
12	5	Chris Couey	39M	20:30	6:36	19:53
13	1	Chris Horton	31M	20:38	6:39	20:38
14	1	Dickens Fournet	41M	20:58	6:45	20:03
15	1	Yolanda Brown	31F	20:59	6:46	18:55
16	6	Mark Locke	35M	21:02	6:47	20:58
17	3	Rick McKnight	27M	21:04	6:47	21:04
18	2	John Littich	44M	21:08	6:49	19:46
19	2	Charles Allred	47M	21:19	6:52	19:30
20	3	John Sewell	40M	21:37	6:58	20:49
21	1	Dona Lee Andrew	51M	21:48	7:01	19:19
22	7	Jimmy Newsome	39M	21:53	7:03	21:13
23	1	Louis Wright	52M	22:12	7:09	19:31
24	4	Reuben Cuison	43M	22:14	7:10	20:57
25	1	Latasha Pusha	25F	22:15	7:10	20:03
26	1	Rachel Cowan	36F	22:19	7:11	19:47
27	3	Taylor Webb	15M	22:41	7:19	21:39
28	8	William Barnes	37M	23:12	7:29	22:48
29	2	Chad Feldman	34M	23:13	7:29	23:13
30	2	Kate Feldman	34F	23:21	7:31	21:02
31	5	Kevin Dobbs	44M	23:24	7:32	21:53
32	1	Della Hilburn	42F	23:27	7:33	19:48
33	9	Eclecius Franklin	35M	23:30	7:34	23:25
34	3	Tesia Hill	31F	23:32	7:35	21:13
35	3	Nathan Dean	24M	23:45	7:39	23:45
36	4	Susan Landry	34F	23:51	7:41	21:29
37	2	Johnna Freiman	35F	23:54	7:42	21:21
38	3	Bradley Monk	30M	24:02	7:45	24:02
39	10	Phil Allen	37M	24:10	7:47	23:45
40	2	Edward Hill	54M	24:22	7:51	21:04
41	11	Jimmy Rangy	36M	24:24	7:52	24:09
42	4	Andrew Liles	33M	24:27	7:53	24:27
43	4	Daniel Boyd	16M	24:28	7:53	23:40
44	3	Danny Felton	49M	24:30	7:54	22:04
45	12	Donald Coats	37M	24:33	7:55	24:08
46	13	Rance Sapen	37M	24:34	7:55	24:09
47	1	Larry Cowan	13M	24:36	7:56	22:41
48	4	Art Smith	28M	24:41	7:57	24:41
49	2	Miriam Allred	43F	24:42	7:57	20:41
50	6	Stuart Grange	42M	24:47	7:59	23:31
51	14	Al Ward	37M	24:49	8:00	24:24
52	5	Kesha Funches	30F	25:06	8:05	22:37
53	7	Larry Creswell	43M	25:19	8:09	23:51
54	5	Josh Huff	32M	25:31	8:13	25:31
55	1	Luann Ainsworth	48F	25:34	8:14	20:30
56	1	George Barthel	57M	25:45	8:18	21:41
57	6	Walter McLeod	31M	25:51	8:20	25:51
58	7	Thomas Hewitt	32M	25:54	8:21	25:54
59	8	Hent deWeerdt	44M	26:16	8:28	24:34
60	2	Kedra Wallace	27F	26:19	8:29	23:43
61	4	Marshall Bouldin	46M	26:45	8:37	24:39
62	2	Christine Carmichael	51F	27:11	8:45	21:12
63	3	Mary Lohrenz	50F	27:12	8:46	21:25
64	15	Luis Bruno	36M	27:14	8:46	26:57
65	9	Mike McMullan	41M	27:21	8:49	26:08
66	10	Jack Criss	40M	27:33	8:53	26:31
67	1	Corina Cox	21F	27:45	8:56	25:01
68	1	Ann Sorrells	16F	28:11	9:05	24:47
69	3	Donna Lauman	35F	28:12	9:05	25:12
70	8	Julius Laird	30M	28:22	9:08	28:22
71	1	Will Weissinger	10M	28:23	9:09	24:07
72	3	Tina Webb	42F	28:30	9:11	24:04
73	11	Rob Simmons	41M	28:31	9:11	27:15
74	3	Julie Burran	28F	28:37	9:13	25:48
75	2	David Dean	58M	28:48	9:17	24:02
76	6	Melissa Bryant	34F	28:53	9:18	26:00
77	3	Stratton Bull	54M	28:55	9:19	25:00
78	12	Steve Davis	41M	28:57	9:20	27:40
79	4	Heather Howard	25F	29:05	9:22	26:13
80	5	Julie Skipper	26F	29:11	9:24	26:18
81	5	Adrien Landry	48M	29:20	9:27	26:37
82	16	Edward Grace	36M	29:24	9:28	29:06
83	1	Kelsey Shumate	12F	29:28	9:30	24:14
84	4	Christine Jenkins	36F	29:37	9:32	26:15
85	3	Mark Howe	56M	30:26	9:48	25:52
86	13	Jeff Ingram	44M	30:28	9:49	28:30
87	2	Jamie Drane	24F	30:29	9:49	27:28
88	1	Jimmy Robertson	65M	30:31	9:50	23:48
89	5	Jinna Shepherd	37F	30:46	9:55	27:03
90	6	Kendle Thomas	26F	30:47	9:55	27:45
91	2	Koren Jenkins	12F	31:05	10:01	25:34
92	4	Dawn Vaughn	41F	31:08	10:02	26:30
93	3	Robin Rhaly	24F	31:08	10:02	28:04
94	6	Valerie Grace	39F	31:12	10:03	27:00
95	3	Anna Weissinger	13F	31:37	10:11	26:36
96	7	Dana Dale	31F	31:56	10:17	28:47
97	1	Dian Anderson	58F	31:57	10:18	23:14
98	7	Nicole Newton	26F	32:02	10:19	28:52
99	8	Sara Watts	27F	32:04	10:20	28:54
100	9	Lindsay Clairian	29F	32:05	10:20	28:55
101	2	Rahkeia Barfield	16F	32:05	10:20	28:13
102	10	Jennifer Horgan	28F	32:10	10:22	28:59
103	4	Jessica Rea	20F	32:33	10:29	29:20
104	11	Amanda Myers	26F	33:25	10:46	30:07
105	5	Kelly Weissinger	41F	33:46	10:53	28:45
106	7	Copucine White	37F	34:02	10:58	29:56
107	8	Tonya Moore	32F	34:12	11:01	30:49
108	1	Murray Collum	76M	34:23	11:05	23:23
109	1	Judy Crowson	61F	34:31	11:07	24:17

110	12	Alison Sanders	26F	34:49	11:13	31:23
111	4	Malika Shettan	11F	35:04	11:18	28:01
112	6	Gloria Young	40F	36:47	11:51	31:35
113	8	Laura Williams	36F	37:44	12:09	33:27
114	13	Whitney Nesbit	28F	38:45	12:29	34:55
115	17	Tyson Bridge	39M	39:48	12:49	38:35
116	2	Olga McDaniel	59F	41:50	13:28	30:06
117	14	Wendi Nopper	27F	45:03	14:30	40:36
118	15	Heather Glenn	27F	45:03	14:30	40:36

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COMPLETE 5K WALK RESULTS

Place		Name	Age	Time	Pace	Age Grade
1	1	Larry Sykes	61M	32:10	10:22	25:32
2	1	Buddy Brannon	44M	33:21	10:45	30:30
3	1	Caesar Hamilton	50M	33:29	10:47	29:16
4	1	Monica Thompson	32F	34:37	11:09	30:56
5	1	Jackie Blue	47F	35:33	11:27	28:27
6	1	Jim Myrick	71M	35:50	11:33	25:37
7	1	Donna Gonzales	63F	35:53	11:33	24:41
8	1	Danny Johnson	46M	36:17	11:41	32:42
9	2	Karen Myers	46F	36:26	11:44	29:24
10	2	Nancy Dykes	61F	36:35	11:47	25:43
11	1	Debra Kinser	51F	38:07	12:17	29:29
12	1	Bill Corpus	68M	38:10	12:18	28:12
13	1	Martha Keenum	69F	38:16	12:19	24:36
14	3	Scottie Stauddy	64F	39:19	12:40	26:46
15	3	Martha Smith	45F	39:19	12:40	31:59
16	2	Sheila Wells	32F	39:29	12:43	35:17
17	2	Eddy Warren	46M	40:29	13:02	36:29
18	1	Olive Kendal	81F	41:05	13:14	22:24
19	4	Charlyn Dean	49F	41:18	13:18	32:30
20	1	Lynda Byrd	58F	41:26	13:21	30:01
21	3	Rosalyn Howard	33F	42:58	13:50	38:08
22	5	Shambhavi Chandraiah	48F	43:54	14:08	34:50
23	1	Heather Owens	22F	43:57	14:09	39:36
24	2	Melissa Shearer	22F	43:57	14:09	39:36
25	1	Todd Jenkins	37M	43:58	14:10	42:11
26	4	Samecia Stokes	31F	44:01	14:11	39:36
27	1	Brook Williams	38F	44:05	14:12	37:48
28	3	Mandy Malone	23F	44:08	14:13	39:46
29	1	Angela Grant	26F	44:13	14:14	39:51
30	2	Annie Lucious	57F	44:28	14:19	32:32
31	2	Frank McRae	69M	44:43	14:24	32:41
32	1	Shawn Jackson	28M	44:50	14:26	44:50
33	2	Jason Anderson	26M	45:09	14:32	45:09
34	2	Willie Hamilton	70M	45:23	14:37	32:49
35	3	Margaret Jones	56F	45:24	14:37	33:32
36	1	Lacey Ainsworth	11F	45:24	14:37	33:51
37	5	Tracy Haynes	33F	45:47	14:45	40:38
38	3	Dewey Rainey	80M	46:07	14:51	29:26
39	2	Jamie Ainsworth	13F	46:11	14:52	36:54
40	3	Lauren Hamilton	13F	46:12	14:53	36:54
41	6	Deborah Blakeney	49F	46:30	14:58	36:36
42	4	Sandra West	59F	46:32	14:59	33:23
43	4	Bettina Henderson	23F	46:35	15:00	41:59
44	2	Denise Wright	53F	48:01	15:28	36:28
45	3	Velma Stokes	51F	48:17	15:33	37:21
46	2	Tambra Cherie	27F	48:18	15:33	43:32
47	2	Sylvia Rieger	71F	48:42	15:41	30:32
48	1	Vicki Butler	44F	48:43	15:41	39:56
49	4	Buddy McCraine	80M	48:47	15:43	31:09
50	2	Dani Edmonson	42F	49:11	15:50	40:57
51	5	Kelly Holly	24F	49:12	15:51	44:20
52	3	Monica Fowler	25F	49:12	15:51	44:20
53	7	Debbie Konkle-Parker	48F	49:14	15:51	39:04
54	5	Pat Dubbert	59F	49:15	15:52	35:20
55	4	Mary Carpenter	26F	49:22	15:54	44:29
56	3	Terry Carpenter	29M	49:23	15:54	49:23
57	4	Ethel Gibson	60F	49:41	16:00	35:17
58	6	Julie Schumacher	31F	49:42	16:00	44:42
59	3	Mary Farbs	44F	50:54	16:23	41:44
60	8	Tonie Johnson	46F	50:55	16:24	41:05
61	2	Barbara Ousby	39F	51:16	16:31	43:39
62	9	Tara Walker	48F	51:17	16:31	40:42
63	10	Bobbye Laird	49F	51:31	16:35	40:32
64	2	Richard Everitt	41M	51:32	16:36	48:08
65	4	Ruby Denson	43F	52:16	16:50	43:11
66	3	Grace Allred	80F	53:03	17:05	29:24
67	1	Cedric Hayanes	33M	54:08	17:26	53:17
68	5	Tessa Sanders	28F	55:42	17:56	50:12
69	11	Louisa Bell	46F	55:44	17:57	44:58
70	3	Irene Jones	38F	62:37	20:10	53:42

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COMPLETE 5K RUN RESULTS

Place		Name	Age	Time
1	1	Trevene Cowan	10F	7:55
2	1	Ralph Moore	8M	7:58
3	1	Katie Webb	9F	8:13
4	2	Raylon Cowan	8M	8:19
5	1	Jessica Triplett	14F	8:33
6		Dustin Triplett	16M	8:50
7	1	Jaydon Cowan	6M	9:36
8	1	Darian Holt	12M	9:59
9		Bettina Henderson	23F	10:00
10	2	A.C. Little	9F	10:10
11	1	Greg Weathersby	14M	10:45
12	3	Jacobi Holt	8M	10:46
13	3	Cenderra White	9F	10:53
14	4	Cole Jenkins	9M	11:07
15	2	Zias Williams	12M	11:17
16	1	Karsen Cowan	4F	11:51
17	3	Cameron Holt	11M	12:06
18	2	Latoya Collins	12F	12:07
19	2	Zatoria Collins	5F	12:07
20	3	Delaney Allen	5F	14:04
21	4	Kalia Funches	3F	14:08
22	3	Crystal Young	11F	15:19