



**SLOW POKE 5K
5K RUN / WALK
1 Mile Fun Run
The Mississippi Track Club
In Memory of Johnnie L. Bradley, Sr. aka "The Pepsi Man"**



Starting Time:
Location

7:30 a.m. Saturday, August 5, 2006
Neshoba County Coliseum, Philadelphia, MS

**5K Run / Walk Awards
OVERALL MALE & FEMALE WINNERS, MASTERS, GRAND MASTERS**

**** The Following Categories **
MALE & FEMALE**

**** 1 Mile Fun Run **
Overall Male & Female
Top 3 In Each Group**

10 & Under	30 - 34	55 - 59
11 - 14	35 - 39	60 - 64
15 - 19	40 - 44	65 - 69
20 - 24	45 - 49	70 +
25 - 29	50 - 54	

5 & Under	10 - 11
6 - 7	12 - 13
8 - 9	

** All Proceeds to benefit Ronald McDonald House*

◆ Youth can participate in only one (1) event

Registration Form

Mail To: Slow Poke 5K
Attn: P.O. Box 402
Philadelphia, MS 39350

Entry Fee: Pre-Registration	\$12
Late Registration	\$15
Fun Run: Pre-Registration	\$8
Late Registration	\$10
Payable To:	Slow Poke 5K
Early Registration Deadline	July 29, 2006

** Add \$2 for XXL T-shirt*

5K RUN _____

5K WALK _____
(Check One)

FUN RUN _____

Name: _____ Phone: _____
Last First Home Work

Address: _____
Street City MS Zip

Age (as of 08-05-06) _____ Sex: _____

T-Shirt Size: Youth Med. (10 - 12) Youth Lg. (14 - 16) Adult: Small Medium Lg. XL XXL

WAIVER: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials or sponsors of the 2006 Slow Poke 5K for injury or illness which may directly or indirectly result from my participation. I further state that I am in proper condition to participate in this event. **NO PETS.**

Runner's Signature: _____ Date: _____
(or Parent or Guardian if under age 18)

DIRECTIONS TO COLISEUM

FROM JACKSON:

TAKE HIGHWAY 25 TO CARTHAGE, MS. TAKE THE HIGHWAY 16 EXIT AND FOLLOW SIGNS TO PHILADELPHIA, WILL REMAIN ON HIGHWAY 16 UNTIL YOU PASS SILVERSTAR RESORT, AND WILL DEAD END AT HIGHWAY 15. TURN LEFT, STAYING ON HIGHWAY 15 BYPASS. WILL SEE THE COLISEUM APPROXIMATELY 3-4 MILES AHEAD ON THE RIGHT. EVENT WILL BE HELD BEHIND THE COLISEUM.

FROM MERIDIAN:

TAKE HIGHWAY 19 NORTH TO PHILADELPHIA. TURN LEFT AT 2ND RED LIGHT. THIS IS A ONE WAY STREET, AND YOU CAN ONLY TURN LEFT HERE. STAY IN FAR RIGHT LANE AND TURN RIGHT AT LIGHT ONTO PECAN AVE. GO THROUGH TOWN, PECAN AVE WILL DEAD END AT HIGHWAY 15. TURN LEFT, COLISEUM IS JUST AHEAD ON THE LEFT.

Philadelphia _____ * _____ Hwy 15 _____ Louisville
Coliseum

**NESHOBA COUNTY COLISEUM
12000 HIGHWAY 15 N, SUITE 1
PHILADELPHIA, MS 39350
NESHOBA3@YAHOO.COM
601-656-5775**