

Slow Poke 5K



In memory of Johnny Bradley
Philadelphia, MS
August 4, 2007
5K Run - Men

Overall: Mike Thrailkill 17:38
Masters: Mark Elliott 17:42
Grand Masters: Buddy Pierce 20:38
11-14: Ethan Pendergrass 21:41
15-19: Jason Murray 27:49
30-34: Chuck Pigg 21:54, Ryan Chickaway 22:06,
 Jason Kuntz 24:44
35-39: Bryan Lagg 19:33, Mark Locke 20:52, John
 Miller 23:40
40-44: Jeff Waldron 22:57, Mahlon Smith 33:25
45-49: Mark Lipking 19:39, Douglas Weaver 22:52,
 Mike Smith 28:19
50-54: Doug Broome 22:41, David McMain 30:33
55-59: Phillip Wedgeworth 21:37, Steve Murray 25:15,
 Curtis Fancher 26:09
60-64: Gary Rivers 32:11
70 & Over: Jerry Parker 28:25, Tom Kennedy 38:46

5K Run - Women

Overall: Angel Overstreet 20:32
Masters: Vicki Alexander 23:38
Grand Masters: Linda Myrick 34:54
10 & Under: Elise McMain 34:41
11-14: Rebekah Watson 45:38, Hannah Watson 45:44
15-19: Anna Smith 23:21
25-29: Shannon Kuntz 33:34, Jasmine Selva 47:39,
 Kristen Edwards 47:39
30-34: Melinda Engel 24:54
35-39: Tammy Thomas 41:36
55-59: Dixie Rivers 35:28, Michelle Reed 41:35
60-64: Cathy Ward 35:59
65-69: Ann Jackson 39:37, Carolyn Stanford 39:45

5K Walk - Men

Overall: Larry Sykes 33:02
Masters: Mike Nowicki 36:14
Grand Masters: Bill Corpus 38:25
11-14: William Walley 49:23, D.J. Hawthorne 49:24
15-19: Joey Tucker 49:36
35-39: Bill Bradley 40:36
40-44: Glyn Trigg 43:42
70 & Over: Frank McRae 44:57, Willie Hamilton
 49:39

5K Walk - Women

Overall: Stephanie Maisel 37:12
Masters: Martha Smith 37:19
Grand Masters: Nancy Dykes 44:56
25-29: Amanda Ellis 41:23
45-49: Phillis Nowicki 37:48, Pam Nazary 41:22,
 Sheila Bagget 50:04

One Mile - Female

Overall: Anna Wells 7:39
5 & Under: Jocelyn Wesley 13:57, Molly Kuntz 18:26,
 Kelsie Duneheew 19:54
6-7: Abby Wells 10:25, Leiloni Wesley 10:30
8-9: Hannah Kuntz 12:40
10-11: Kaylan Gibson 9:59, Kaylan Duneheew 12:59
12-13: Heather Bradley 9:31

One Mile - Male

Overall: Cole Reed 7:58
6-7: Caleb Bradley 10:21, Austin Kitchens 13:39
8-9: Ryan Duneheew 14:37
10-11: David Nowicki 8:39, Casper Pitts 15:08

5K Run Teams

I. Johnny Loves Running Machine 59:24

Bryan Lagg, Mark Locke, Mark Lipking, Curtis Fancher

5K Walk Teams

I. I. I. 111.14

Mike Nowicki, Stephanie Maisel, Phyllis Nowicki

COMPLETE 5K RUN RESULTS

Place	Name	Age	Time	Pace	Grade	
1	1	Mike Thrailkill	43M	17:38	5:41	16:37
2	2	Mark Elliott	40M	17:42	5:42	17:03
3	1	Bryan Lagg	39M	19:33	6:18	18:57
4	1	Mark Lipking	48M	19:39	6:20	17:50
5	1	Angel Overstreet	32F	20:32	6:37	18:31
6	1	Aaron Bradley	15M	20:36	6:38	19:40
7	1	Buddy Pierce	50M	20:38	6:39	18:26
8	2	Mark Locke	37M	20:52	6:43	20:31
9	1	Phillip Wedgeworth	56M	21:37	6:58	18:22
10	1	Ethan Pendergrass	14M	21:41	6:59	20:23
11	1	Jason Murray	20M	21:49	7:02	21:49
12	1	Chuck Pigg	31M	21:54	7:03	21:54
13	2	Ryan Chickaway	30M	22:06	7:07	22:06
14	2	Doug Broome	50M	22:41	7:19	20:16
15	2	Douglas Weaver	47M	22:52	7:22	20:55
16	3	Jeff Waldron	44M	22:57	7:24	21:28
17	1	Anna Smith	17F	23:21	7:31	20:43
18	1	Vicki Alexander	47F	23:38	7:37	19:07
19	3	John Miller	38M	23:40	7:38	23:06
20	4	Richard Hamner	37M	23:47	7:40	23:23
21	5	Bryan Norman	38M	24:38	7:56	24:03
22	3	Jason Kuntz	33M	24:44	7:58	24:44
23	2	Melinda Engel	31F	24:54	8:01	22:27
24	4	Hugh Rush	34M	25:02	8:04	25:02
25	2	Steve Murray	58M	25:15	8:08	21:05
26	6	Patrick Eakes	36M	25:51	8:20	25:35
27	3	Curtis Fancher	55M	26:09	8:25	22:25
28	4	Duane Van Fleet	59M	26:36	8:34	22:00
29	3	Mike Smith	47M	28:19	9:07	25:54
30	1	Jerry Parker	75M	28:25	9:09	19:37
31	5	Jay Wesley	32M	30:12	9:44	30:12
32	3	David McMain	50M	30:33	9:50	27:18
33	1	Gary Rivers	60M	32:11	10:22	26:23
34	4	Mahlon Smith	41M	33:25	10:46	31:56
35	1	Shannon Kuntz	28F	33:34	10:49	30:15
36	1	Elise McMain	10F	34:41	11:10	26:44
37	1	Linda Myrick	50F	34:54	11:14	27:28
38	1	Dixie Rivers	58F	35:28	11:25	25:47
39	1	Cathy Ward	60F	35:59	11:35	25:37
40	2	Tom Kennedy	72M	38:46	12:29	27:51
41	1	Ann Jackson	65F	39:37	12:46	26:36
42	2	Carolyn Stanford	66F	39:45	12:48	26:21
43	2	Michelle Reed	59F	41:35	13:24	29:55
44	1	Tammy Thomas	38F	41:36	13:24	36:17
45	1	Rebekah Watson	11F	45:38	14:42	36:28
46	2	Hannah Watson	13F	45:44	14:44	38:29
47	7	J.P. Watson	38M	45:51	14:46	44:45
48	2	Jasmine Selva	26F	47:39	15:21	42:56
49	3	Kristen Edwards	26F	47:39	15:21	42:56

COMPLETE 5K WALK RESULTS

Place	Name	Age	Time	Pace	Grade	
1	1	Larry Sykes	62M	33:02	10:38	25:58
2	1	Mike Nowicki	48M	36:14	11:40	32:09
3	1	Stephanie Maisel	37F	37:12	11:59	32:08
4	1	Martha Smith	46F	37:19	12:01	30:06
5	2	Phillis Nowicki	48F	37:48	12:10	30:00
6	1	Bill Corpus	69M	38:25	12:22	28:05
7	1	Bill Bradley	38M	40:36	13:05	38:42
8	3	Pam Nazary	47F	41:22	13:19	33:06
9	1	Amanda Ellis	25F	41:23	13:20	37:18
10	1	Glyn Trigg	43M	43:42	14:04	40:15
11	1	Nancy Dykes	62F	44:56	14:28	31:15

12	1	Frank McRae	70M	44:57	14:29	32:30
13	1	William Walley	14M	49:23	15:54	45:32
14	2	D.J. Hawthorne	13M	49:24	15:55	44:38
15	1	Joey Tucker	17M	49:36	15:58	47:48
16	2	Willie Hamilton	71M	49:39	15:59	35:29
17	4	Sheila Bagget	46F	50:04	16:07	40:23
18	5	Sherry Harroll	47F	54:13	17:28	43:23

COMPLETE ONE MILE RESULTS

Place	Name	Age	Time
1	1	Anna Wells	11F 7:39
2	1	Cole Reed	8M 7:58
3	1	David Nowicki	10M 8:39
4	1	Heather Bradley	13F 9:31
5	2	Kaylan Gibson	11F 9:59
6	1	Caleb Bradley	6M 10:21
7	1	Abby Wells	6F 10:25
8	2	Leiloni Wesley	6F 10:30
9	1	Hannah Kuntz	9F 12:40
10	3	Kaylan Duneheew	11F 12:59
11	2	Austin Kitchens	7M 13:39
12	1	Jocelyn Wesley	4F 13:57
13	2	Ryan Duneheew	9M 14:37
14	2	Casper Pitts	11M 15:08
15	2	Molly Kuntz	5F 18:26
16	3	Kelsie Duneheew	4F 19:54
17	4	Victoria Pigg	2F 20:07