

**McAlister's Deli
RUSH To BRUSH 2008
February 16, 2008
5K Run - Men**

Overall: John Nevels 17:23
Masters: Bryan Lagg 19:31
Grand Masters: Carlos Prevost 21:13
10 & Under: Walt Thompson 29:00
11-14: Casey Ferguson 20:55, Bryan Thompson 27:28, Turner Bridgforth 30:59
15-19: Zak Prevost 18:23, Daniel Vaughan 19:55, Caleb McCarty 27:01
20-24: Timothy Farish 19:43, Jason Giavotella 22:38, Russell Turley 23:03
25-29: Dale Griffin 17:26, Stephen Kay 19:23, Winter Williams 20:16
30-34: Walter McLeod 21:34, Andy Barksdale 21:42, Matt Robinson 23:47
35-39: Mike Cunningham 20:P06, Phil Allen 20:54, Jeffrey Gilbert 21:46
40-44: Chris Couey 20:21, John Sewell 20:47, Darren Owens 24:38
45-49: David Shumate 19:45, James Johnson 20:36, Daryl Bragg 25:54
50-54: Randy Underwood 25:50, Keith Parsons 30:03
55-59: Phillip Wedgeworth 22:23, Stratton Bull 28:39
60-64: Dutch Van Fleet 26:00
65-69: Thomas Williams 33:52
70 & Over: Bob Singletary 32:42, Murray Collum 40:09

5K Run - Women

Overall: Annalee Pierce 20:05
Masters: Katie Bryant 24:46
Grand Masters: Mary Lohrenz 23:50
10 & Under: Anna Wilson 32:21, Mary Kreider 38:24, Kelly Barton 48:02
11-14: Maggie Hughes 20:48, Maggie Cresswell 27:41, Makenna Morris 27:49
15-19: Morgan Powell 30:53
20-24: Lauren Wade 23:42, Sara Babcock 24:30, Karla Haik 26:34
25-29: Lauren Hastings 26:26, Courtney Prestage 28:02, Jessica Griffin 28:35
30-34: Adrienne Clark 24:29, Lauren Swanson 27:27, Stacey Craft 27:28
35-39: Heidi Melia 21:08, Karen Clem 31:53, Allyce Lott 32:14
40-44: Anne Rowles 25:44, Doris McKinney 28:06, Lynn Sanford 31:54
45-49: MiHyang Faulks 29:14, Melanie Morris 31:02, Gwen Ferguson 31:31
50-54: Dona Lee Andrew 24:51, Luann Ainsworth 27:08, Cathy Pflueger 27:53
55-59: Monica Baldwin 26:18, Laura Taylor 33:03, Pam Martin 36:23

5K Walk - Men

Overall: Caesar Hamilton 34:57
Masters: Al Different 37:25
Grand Masters: Jim Myrick 36:54
19 & Under: Hunter Ward 44:22, Aalaap Desai 48:46
20-29: Matt Donaldson 44:34, Brian Grantham 49:56
30-39: Phillip Pardue 44:12, Jeremy Ward 44:23
40-49: Todd Gregory 37:53, J.D. Pinnix 39:56, Glynn Trigg 41:31
50-59: Glenn Turley 39:30, James Hupp 41:05, Jeffrey Jackson 55:24
60-69: Jim Pinnix 37:05, Charles Hollingsworth 45:26, Buddy McKay 46:45
70 & Over: Bill Corpus 43:49, Willie Hamilton 54:35

5K Walk - Women

Overall: Carolyn Graham 34:17

Masters: Martha Smith 37:36
Grand Masters: Debra Kinser 39:13
19 & Under: Callie Bridgforth 43:58, Hilary Childress 44:45, Felicia Thompson 46:04
20-29: Candy Walley 40:51, Sarah Underwood 42:49, Lindsey Williams 43:15
30-39: Monica Thompson 36:31, Cara Cresswell 38:23, Laura Jones 39:31
40-49: Becky Windham 38:42, Rita Rucker 40:01, Caron Blanton 40:17
50-59: Brenda Briscoe 39:33, Shirley McDonald 40:32, Donna Windsor 42:24
60-69: Winnie McKay 44:01
70 & Over: Sylvia Rieger 54:33

One Mile - Male

Overall: Carson Dean 8:48
5 & Under: Bailey Murray 18:04
6-7: Clay Craft 9:29, Blake Cunningham 16:50
8-9: Alex Usher 9:12, Clay Chance 10:31, Will Marbel 11:35
10-12: Tanner Marble 10:40, Hal Kolodny 11:37

One Mile - Female

Overall: Campbell Doty 9:26
5 & Under: Grace Trovard 16:14, Mallory Ellis 17:51
6-7: Darla Wilson 15:52, Claire Elkin 17:18, Maggie Ellis 17:48
8-9: Anna Wilson 10:36, Sarah Elkin 15:19, McKenzie Thompson 15:29
10-12: Megan Hodges 10:00, Rebecca Gregory 11:00, Breanna Williams 11:02

COMPLETE 5K RUN RESULTS

Place	Name	Age	Time	Pace	Grade
1	John Nevels	21M	17:23	5:36	17:23
2	Dale Griffin	27M	17:26	5:37	17:26
3	Zak Prevost	18M	18:23	5:56	18:09
4	Stephen Kay	25M	19:23	6:15	19:23
5	Bryan Lagg	40M	19:31	6:17	18:47
6	Timothy Farish	23M	19:43	6:21	19:43
7	David Shumate	48M	19:45	6:22	17:55
8	Daniel Vaughan	17M	19:55	6:25	19:29
9	Annalee Pierce	16F	20:05	6:28	17:40
10	Mike Cunningham	38M	20:06	6:29	19:38
11	Winter Williams	25M	20:16	6:32	20:16
12	Chris Couey	41M	20:21	6:33	19:27
13	James Johnson	46M	20:36	6:38	18:59
14	John Sewell	42M	20:47	6:42	19:44
15	Maggie Hughes	13F	20:48	6:42	17:30
16	Phil Allen	39M	20:54	6:44	20:16
17	Casey Ferguson	14M	20:55	6:44	19:39
18	Heidi Melia	37F	21:08	6:49	18:35
19	Carlos Prevost	58M	21:13	6:50	17:43
20	Justin Martin	27M	21:23	6:53	21:23
21	Walter McLeod	32M	21:34	6:57	21:34
22	Andy Barksdale	30M	21:42	7:00	21:42
23	Jeffrey Gilbert	35M	21:46	7:01	21:42
24	Donald Coats	39M	21:54	7:03	21:14
25	Phillip Wedgeworth	56M	22:23	7:13	19:01
26	Jordan Ray	25M	22:27	7:14	22:27
27	Arun Aneja	27M	22:37	7:17	22:37
28	Charley Bailey	29M	22:37	7:17	22:37
29	Jason Giavotella	24M	22:38	7:18	22:38
30	Adam Byrd	29M	22:59	7:24	22:59
31	Brian Thompson	25M	23:02	7:25	23:02
32	Russel Turley	22M	23:03	7:26	23:03
33	Tim Boyer	26M	23:18	7:30	23:18
34	Bo Tate	25M	23:21	7:31	23:21
35	Jason Murray	21M	23:36	7:36	23:36
36	Lauren Wade	23F	23:42	7:38	21:22
37	Taylor Burwell	28M	23:46	7:39	23:46
38	Matt Robinson	32M	23:47	7:40	23:47
39	Mary Lohrenz	52F	23:50	7:41	18:25

40	Owen Weddle	23M	23:55	7:42	23:55
41	Jim Cunningham	24M	23:57	7:43	23:57
42	Lucas McElwain	23M	24:01	7:44	24:01
43	Guy Martin	31M	24:23	7:51	24:23
44	Adrienne Clark	34F	24:29	7:53	22:03
45	Sara Babcock	24F	24:30	7:54	22:05
46	Darren Owens	43M	24:38	7:56	23:12
47	John Shavers	24M	24:41	7:57	24:41
48	Larkin Mitchell	25M	24:43	7:58	24:43
49	Katie Bryant	46F	24:46	7:59	20:13
50	Dona Lee Andrew	53F	24:51	8:00	19:01
51	Scott Stanley	30M	24:59	8:03	24:59
52	Troy Odom	32M	25:04	8:05	25:04
53	Bill Morris	38M	25:15	8:08	24:39
54	Kelsey Bailey	29M	25:43	8:17	25:43
55	Anne Rowles	44F	25:44	8:17	21:22
56	Randy Underwood	50M	25:50	8:19	23:05
57	John Rings	32M	25:53	8:20	25:53
58	Daryl Bragg	47M	25:54	8:21	23:41
59	Greg Babington	43M	25:55	8:21	24:25
60	Josh Speed	24M	25:57	8:22	25:57
61	Dutch Van Fleet	60M	26:00	8:23	21:19
62	Jeff Chinchar	28M	26:11	8:26	26:11
63	Monica Baldwin	55F	26:18	8:28	19:44
64	Jason Read	25M	26:20	8:29	26:20
65	Benton York	21M	26:22	8:30	26:22
66	Douglas Wilson	37M	26:23	8:30	25:56
67	Lauren Hastings	26F	26:26	8:31	23:49
68	Karla Haik	23F	26:34	8:34	23:57
69	Jeff Ingram	46M	26:35	8:34	24:30
70	Jay Barrett	31M	26:39	8:35	26:39
71	Frank York III	48M	26:45	8:37	24:16
72	Jerrold Patridge	30M	26:45	8:37	26:45
73	Jason Gibson	25M	27:00	8:42	27:00
74	Caleb McCarty	15M	27:01	8:42	25:47
75	Michael Levens	22M	27:02	8:43	27:02
76	Luann Ainsworth	50F	27:08	8:44	21:22
77	Lauren Swanson	32F	27:27	8:51	24:44
78	Stacey Craft	33F	27:28	8:51	24:45
79	Ryan Thompson	12M	27:28	8:51	24:46
80	Robert Chapman	23M	27:33	8:53	27:33
81	Maggie Cresswell	12F	27:41	8:55	22:46
82	Steve Thompson	46M	27:47	8:57	25:36
83	Makenna Morris	11F	27:49	8:58	22:14
84	Adam Cox	34M	27:51	8:58	27:51
85	John Cresswell	38M	27:52	8:59	27:12
86	Cathy Pflueger	52F	27:53	8:59	21:32
87	Sheldon Alston	38M	28:00	9:01	27:20
88	Courtney Prestage	26F	28:02	9:02	25:16
89	Doris McKinney	44F	28:06	9:03	23:20
90	Doug Holman	31M	28:08	9:04	28:08
91	Karen Lott	31F	28:10	9:04	25:23
92	Tim Lott	39M	28:18	9:07	27:26
93	Roger Weill	49M	28:18	9:07	25:29
94	Chad Richardson	35M	28:30	9:11	28:24
95	James Patton	22M	28:31	9:11	28:31
96	Sydney Murphy	24F	28:33	9:12	25:44
97	Sarah Quilter	24F	28:35	9:12	25:46
98	Jessica Griffin	27F	28:35	9:12	25:46
99	Hennessy Howell	24F	28:37	9:13	25:48
100	Stratton Bull	55M	28:39	9:14	24:34
101	Patrice Jones	22F	28:47	9:16	25:57
102	Katy Jones	21F	28:48	9:17	25:57
103	Andy Murray	30M	28:54	9:19	28:54
104	Walt Thompson	10M	29:00	9:21	24:39
105	David Parks	34M	29:05	9:22	29:05
106	Sean Welch	34M	29:07	9:23	29:07
107	Heath Morrison	29M	29:11	9:24	29:11
108	Katie Combest	21F	29:13	9:25	26:20
109	MiHyang Falks	49F	29:14	9:25	23:13
110	Leslie Owens	26F	29:18	9:26	26:24
111	Camp Murphy	24M	29:32	9:31	29:32

112	5	Meredith McLemore	26F	29:33	9:31	26:38	184	5	Holder Bridgforth	16M	36:04	11:37	34:53	37	5	Kelley Jones	22F	44:35	14:21	40:11
113	5	Jackie Clanton	33F	29:35	9:32	26:40	185	21	Keith Evans	25M	36:06	11:38	36:06	38	2	Hilary Childress	15F	44:45	14:25	37:31
114	6	Sarah Starnes	26F	29:35	9:32	26:40	186	26	Brittany Coolidge	20F	36:07	11:38	32:33	39	2	Charles Hollingsworth	61M	45:26	14:38	36:03
115	7	Leanne Earls	26F	29:39	9:33	26:43	187	22	Tina Grizzle	25F	36:08	11:38	32:34	40		Betty Hustin	F	45:36	14:41	45:36
116	8	Wesley Luckey	49M	29:39	9:33	26:42	188	3	Pam Martin	55F	36:23	11:43	27:18	41	5	Quinn Smith	42M	45:48	14:45	42:29
117	10	Heidi Frazier	23F	29:43	9:34	26:47	189	23	Jennifer Williams	25F	36:48	11:51	33:10	42	6	Rebecca Gilreath	25F	45:51	14:46	41:19
118	11	Lois Montague	23F	29:44	9:35	26:48	190	22	Brennan O'Brien	27M	36:50	11:52	36:50	43	7	Jennifer Clark	22F	46:03	14:50	41:30
119	12	Taylor McPherson	23F	29:44	9:35	26:48	191	8	Cheri Hodges	39F	36:51	11:52	31:54	44	3	Felicia Thompson	15F	46:04	14:50	38:37
120	8	Cammie Stamps	28F	29:45	9:35	26:49	192	6	Debbie Robinson	53F	37:22	12:02	28:35	45	6	Tracy Thompson	37F	46:24	14:57	40:05
121	9	Karen Floyd	25F	29:58	9:39	27:00	193	24	Mena Gibson	27F	37:34	12:06	33:51	46	7	Mollie Doty	34F	46:25	14:57	40:56
122	11	Doug Hunt	38M	30:01	9:40	29:18	194	11	Christie Porter	31F	37:37	12:07	33:54	47	3	Buddy McKay	68M	46:45	15:03	34:33
123	6	Shelley Hunt	33F	30:01	9:40	27:03	195	6	Kim Different	46F	37:55	12:13	30:56	48	6	Nancy King	40F	46:59	15:08	39:43
124	19	Daniel Green	25M	30:02	9:40	30:02	196	7	Mary Jo Vernon	47F	38:07	12:17	30:49	49	8	Jennifer Lott	32F	47:00	15:08	42:00
125	13	Marry Clair Ballard	24F	30:02	9:40	27:04	197	25	Kimberly Pierce	29F	38:15	12:19	34:28	50	9	Becky Paul	36F	47:51	15:25	41:37
126	2	Keith Parsons	51M	30:03	9:41	26:38	198	9	Annica Kreider	39F	38:23	12:22	33:13	51	4	Ashley Tucker	19F	47:53	15:25	42:26
127	10	Rebecca Moore	25F	30:11	9:43	27:12	199	2	Mary Kreider	9F	38:24	12:22	28:18	52	7	Karen Lester	52F	48:26	15:36	37:07
128	14	Kristen Mattei	22F	30:18	9:46	27:19	200	27	Jariel Hairston	22F	38:36	12:26	34:47	53	8	Barbara Hall	57F	48:43	15:41	35:38
129	15	Anna Bishop	20F	30:22	9:47	27:22	201	26	Keisa Cromer	26F	38:44	12:29	34:54	54	10	Valerie Lewis	32F	48:44	15:42	43:33
130	16	Emily Ciarloni	20F	30:22	9:47	27:22	202	27	Melissa Murray	29F	38:46	12:29	34:56	55	5	Krishna Desai	9F	48:45	15:42	32:57
131	12	Greg Cox	36M	30:40	9:53	30:21	203	6	Tracey Williams	40M	39:43	12:47	38:14	56	2	Aalaap Desai	13M	48:46	15:42	44:04
132	11	Kristen Fedric	25F	30:47	9:55	27:45	204	12	Ayanna Smith	32F	39:48	12:49	35:52	57	6	Colleen Hughes	19F	48:59	15:46	43:24
133	17	Sarah Rust	24F	30:48	9:55	27:46	205	2	Murrqay Collum	78M	40:09	12:56	26:29	58	7	Gail Muse	43F	49:01	15:47	40:30
134	2	Morgan Powell	19F	30:53	9:57	27:43	206	4	Linda Swales	59F	40:13	12:57	28:56	59	11	Kimberly Childress	35F	49:08	15:49	43:02
135	7	Heather Tutor	34F	30:56	9:58	27:51	207	5	Meredith Parker	12F	41:39	13:25	34:15	60	8	Le Anne Howard	41F	49:12	15:51	41:16
136	9	W.D. Burrell	45M	30:57	9:58	28:44	208	5	Jordan Creel	13M	41:39	13:25	38:24	61	12	Laura Day	32F	49:53	16:04	44:35
137	3	Turner Bridgforth	14M	30:59	9:59	29:07	209	13	Jennifer Kelly	31F	42:03	13:33	37:54	62	8	April Sims	26F	49:54	16:04	44:58
138	3	Melanie Morris	47F	31:02	10:00	25:06	210	6	Ashley Smith	13F	42:12	13:35	35:31	63	9	Kim Grantham	24F	49:55	16:04	44:59
139	12	Laura Thompson	26F	31:20	10:06	28:14	211	6	Collin Different	11M	43:01	13:51	37:45	64	2	Brian Grantham	27M	49:56	16:05	49:56
140	15	Cedric James	32M	31:21	10:06	31:21	212	7	Barry Bridgforth	44M	43:02	13:52	40:15	65	10	Louisa Bonds	28F	50:00	16:06	45:03
141	13	LaTasha Estus	29F	31:30	10:09	28:23	213	14	Lea Ann Ellis	32F	44:47	14:25	40:21	66	11	Ashley Connolly	26F	50:01	16:06	45:04
142	18	Penni Bowen	24F	31:30	10:09	28:23	214	3	Kelly Barton	10F	48:02	15:28	37:01	67	12	Amanda Hughes	26F	50:15	16:11	45:17
143	4	Gwen Ferguson	45F	31:31	10:09	25:57	215	14	David Barton	39M	48:03	15:28	46:35	68	9	Mary Gail Smith	52F	53:07	17:06	40:43
144	5	Ellen Rollins	46F	31:32	10:09	25:44	216	10	Jennifer Parker	39F	49:15	15:52	42:37	69	13	Johanna Stephenson	31F	53:08	17:07	47:47
145	2	Karen Clem	39F	31:53	10:16	27:36							70	14	Leslie Lee	32F	53:09	17:07	47:30	
146	3	Lynn Sanford	42F	31:54	10:17	26:56							71	1	Sylvia Rieger	73F	54:33	17:34	33:21	
147	13	Trent Lott	35M	32:05	10:20	31:58							72	3	Willie Hamilton	72M	54:35	17:35	38:34	
148	14	Megan Craig	28F	32:12	10:22	29:01							73	10	Debra Hughes	54F	55:14	17:47	41:34	
149	3	Allyce Lott	37F	32:14	10:23	28:21							74	4	Jeffrey Jackson	52M	55:24	17:50	47:37	
150	5	Diane Dukes	51F	32:19	10:25	25:12							75	11	Melinda Jackson	53F	55:25	17:51	42:06	
151	1	Anna Wilson	9F	32:21	10:25	23:51							76	7	Eleanor Shadie	16F	56:47	18:17	48:29	
152	15	Mercedes Donaldson	25F	32:31	10:28	29:18							77	12	Chris Shadie	53F	56:48	18:17	43:09	
153	19	Pat Jones	22F	32:33	10:29	29:20														
154	20	Diana Jones	21F	32:34	10:29	29:21														
155	4	Harriet Sutton	43F	32:34	10:29	27:16														
156	21	Katie Taylor	21F	32:35	10:30	29:22														
157	1	Bob Singletary	72M	32:42	10:32	23:29														
158	16	Joe Porter	32M	32:47	10:34	32:47														
159	4	Janey Mattina	39F	32:52	10:35	28:27														
160	5	Rachel Dear	35F	32:54	10:36	29:24														
161	8	Lisa Trotter	33F	32:54	10:36	29:39														
162	6	Lauren Reed	39F	32:56	10:36	28:30														
163	4	Michael Vernon	15M	32:59	10:37	31:29														
164	2	Laura Taylor	56F	33:03	10:39	24:33														
165	9	Cassandra Stein	31F	33:20	10:44	30:02														
166	5	April Palmer	44F	33:29	10:47	27:48														
167	16	Meredith Virden	26F	33:36	10:49	30:17														
168	4	Ian Childress	13M	33:37	10:50	30:59														
169	17	Tara Rosenberg	25F	33:42	10:51	30:22														
170	18	Jeanann Suggs	25F	33:43	10:52	30:23														
171	22	Erin Zieren	24F	33:44	10:52	30:24														
172	19	Amanda Myers	28F	33:51	10:54	30:30														
173	1	Thomas Williams	66M	33:51	10:54	26:06														
174	20	Jeanne Schwartz	26F	33:52	10:55	30:31														
175	4	Brittany Barton	13F	34:10	11:00	28:45														
176	6	Linda Pendleton	42F	34:28	11:06	29:06														
177	23	Alison Hogan	23F	34:51	11:14	31:24														
178	21	Jessica Byrd	26F	35:08	11:19	31:40														
179	24	Ashley Daniel	24F	35:36	11:28	32:05														
180	20	Adam Prestage	29M	35:41	11:30	35:41														
181	7	Jennifer Morenson	36F	35:46	11:31	31:42														
182	10	Barbara Craft	34F	35:57	11:35	32:22														
183	25	Whitney Hull	23F	35:58	11:35	32:25														

COMPLETE 5K WALK RESULTS

Place	Name	Age	Time	Pace	Age Grade
1	Carolyn Graham	48F	34:17	11:03	27:12
2	Caesar Hamilton	52M	34:57	11:15	30:03
3	Monica Thompson	34F	36:31	11:46	32:12
4	Jim Myrick	73M	36:54	11:53	25:46
5	Jim Pinnix	69M	37:05	11:57	27:07
6	Al Different	47M	37:25	12:03	33:28
7	Martha Smith	46F	37:36	12:07	30:20
8	Todd Gregory	44M	37:53	12:12	34:39
9	Cara Cresswell	36F	38:23	12:22	33:23
10	Becky Windham	47F	38:42	12:28	30:58
11	Debra Kinsler	52F	39:13	12:38	30:04
12	Glenn Turley	55M	39:30	12:43	33:07
13	Laura Jones	37F	39:31	12:44	34:08
14	Brenda Briscoe	50F	39:33	12:44	30:52
15	J.D. Pinnix	42M	39:56	12:52	37:03
16	Rita Rucker	45F	40:01	12:53	32:33
17	Sara Horel	31F	40:08	12:56	36:06
18	Caron Blanton	42F	40:17	12:58	33:32
19	Shirley McDonald	55F	40:32	13:03	30:14
20	Candy Walley	24F	40:51	13:09	36:49
21	James Hupp	55M	41:05	13:14	34:26