

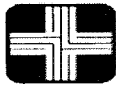
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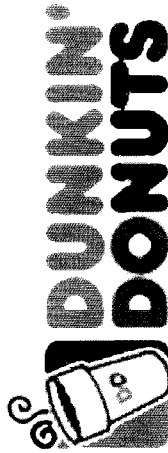
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CANNON

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GREENWOOD, MS



Greenwood Leflore Hospital
So far advanced, so close to home



Also Sponsored By:

- Planters Bank and Trust
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**Two Great Events...
One Fabulous Weekend!**

28th Annual
300 OAKS ROAD RACES

River Rails

**Friday and Saturday,
September 18-19, 2009**

Greenwood, Mississippi

www.greenwoodraces.com

Food. Music. Arts. Fun.

**10K Run * 5K Walk * 1-Mile Fun Run
(Saturday)**

Mississippi Track Club
GRAND PRIX EVENT

NEW RACE ROUTE—Same Great Race!



300 Oaks Road Races
P.O. Box 848
Greenwood, MS 38935

MAKE CHECK PAYABLE TO: 300 OAKS ROAD RACE
Mail check and form to: P.O. Box 848, Greenwood, MS 38935 OR register on-line at www.greenwoodms.com

NAME: _____ Age as of September 19, 2009 _____ SEX: M F

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ E-MAIL: _____

EVENT: 10K RUN 5K WALK ONE MILE FUN RUN CORPORATE OR YOUTH TEAM NAME: (5K WALK ONLY) _____

ENTRY FEE: 10K/5K = \$20 (Pre-Registration) \$25 (Race Day) ONE-MILE FUN RUN = \$15 Family Rate: \$40 (Limit 4) Corporate Team: \$11/person Youth/Church Teams: \$8/person

T-SHIRT SIZE: PLEASE CIRCLE

ADULT: S M L XL XXL XXXL

YOUTH: 10-12 14-16 ADULT S M L XL

General Release and Waiver: In consideration of this entry acceptance, I hereby for myself, my heirs, executors and administrators, waive any and all rights and claims for damages I may have against the sponsoring parties or any individuals associated with this race for any and all loss, injuries, or death sustained by me in this event. I attest that I am physically fit and have sufficiently trained for competition of this race.

Signature: _____ Date: _____

(Parent or guardian if under 18 years of age)

NOTE: 10K Run and 5K Walk: You will be responsible for a \$20 fee for any rental chip not returned

RACE ROUTE, CHECK IN, TIMES & RULES

The race route has been CHANGED this year! Please make a note of your race route. For Race Maps, please visit www.greenwoodms.com and click on the 300 Oaks link. Please Come Early! 10K and 5K will begin at the intersection of Grand Boulevard and West President Street. FUN RUN will begin on the Keesler Bridge.

Race Times:

10K Run: 8 a.m.

5K Walk: 8:05 a.m.

1-Mile Fun Run: Immediately following completion of 5K Walk
We cannot be responsible for late race registrations!

NO SHOULERS, THUS, ICING SKIS, BICYCLES, SKATES, SKATEBOARDS OR ROLLER BLADES ALLOWED! This poses a danger to those participating in the race.

CORPORATE TEAM RULES: Corporate teams MUST have a minimum of 5 entrants. Corporate teams may consist of employees of the same company and their immediate family members. No exceptions to this rule!

5K WALKERS: Please stay to the right while walking the race course!!

AWARDS, T-SHIRTS AND GOODY BAGS

All race participants will receive an official 300 Oaks/River to the Rails T-shirt and goody bag. Shirts and bags are NOT guaranteed to registrants on-site. Event T-shirts will also be on sale for \$15 at the registration booth, post-race awards party and at various locations throughout the festival.

10K and 5K: Overall winners in Masters and Grand Masters; first, second and third place by division and age group.

One-Mile Fun Run: Medals for all participants; awards for first, second and third in each age division.

The 2009 Awards Party will be held on Front Street at the Viking Range Headquarters overlooking the Yazoo River in downtown Greenwood. This will follow the conclusion of the One-Mile Fun Run. *Free food and beverage to race participants only. You must wear armband to enter party!*

RIVER TO THE RAILS MUSIC & ART FESTIVAL

On Friday night and after the race on Saturday, everyone is invited to join us for the River to the Rails music and arts festival in downtown Greenwood.

Features include a Friday night street dance, live entertainment on the community stage, an artist village, antique car show, "Kiddsville" kid zone, a pet parade and more! There will also be great shopping, a food court and a chance to explore historic downtown Greenwood. Admission is FREE! Visit www.greenwoodms.com or www.rivertothrails.net for a complete schedule.

HOTEL INFORMATION

Special weekend rates are being offered by the following:



Hampton Inn: \$109 662-455-7985
Holiday Inn Express: \$89 662-455-1885
Econolodge: \$49 662-455-5974

10K and 5K CHIP TIMING

This year's 300 Oaks Race will use IPICO chip timing technology. This will be for the 10K Run and 5K Walk ONLY. To get an official race time and be included in the results, participants MUST wear a race chip (rental fee is included in registration). The chip timing technology allows for precision and timing accuracy in road racing performance. Race chips will be distributed with the race packets. Participants in the One-Mile Fun Run will not wear chips.

NOTE: There will be a \$20 fee for any rental chip not returned.

REGISTRATION AND ENTRY FEES

ONLINE REGISTRATION is available for individuals and families of four at www.greenwoodms.com.

\$20 per person — Register Early and SAVE!

\$25 on race day (6:15-7:45 ONLY)

\$15 for ONE MILE FUN RUN; \$20 on race day

\$40 for Family of FOUR (Your choice of race)

Pre-Registration is strongly encouraged. You can save money by pre-registering. Event day registration begins at 6:15 a.m. ABSOLUTELY NO REGISTRATIONS WILL BE ACCEPTED AFTER 7:45 A.M.

Group Fees:

Family Rate: \$40 (Limit 4 for immediate family members)

Corporate Teams: (Minimum of 5 entrants) \$11 each

Youth and Church Teams: (Minimum of 5 entrants) \$8 each

Team and family entries MUST be submitted together as family or group. ALL TEAMS MUST BE PRE-REGISTERED!!

Mail entry form and fees to:

300 Oaks Road Race

P.O. Box 848

Greenwood, MS 38935-0848

RACE PACKETS / CONTACT INFORMATION

Race Packets may be picked up at the Chamber of Commerce office, 402 Hwy. 82 West, during the week of September 19 from 9 a.m. until 6 p.m. Packets not picked up by 6 p.m. on Friday, September 18 will be available on race day at the registration booth. Call 662.453.4152 for more race information or to check on the status of your race packet.

View or print a race route map at

www.greenwoodms.com