

LEGAL BEAGLE 5K

Run/Walk

USATF CERTIFIED COURSE (MS02006RH)

Sponsored by: *THE JACKSON YOUNG LAWYERS ASSOCIATION* to benefit *THE MS VOLUNTEER LAWYERS PROJECT*

Saturday, March 13, 2010

Registration: 7:00 a.m.

Run/Walk Start: 8:15 a.m.

Refreshments by Beagle Bagel! **A MS Track Club GRAND PRIX Event!** Door Prizes by Fleet Feet Sports!

****Follow the Legal Beagle 5k Run/Walk on Facebook!****

Join Jackson Young Lawyers and other sponsors for this fun filled run/walk on the **OLD PHIDIPPIDES WATERMELON CLASSIC 5K (3.1 miles) COURSE**, a **flat and fast** USATF certified course through residential streets of Northeast Jackson. The run will start on Old Canton Road near the LeFleur Station U.S. Post Office and finish alongside the I-55 Kroger on Jacksonian Plaza. Run proceeds will benefit the Mississippi Volunteer Lawyers Project of the Mississippi Bar Association, which places pro bono cases for underprivileged people with volunteer lawyers. There will be awards for M / F runners and walkers for overall, masters, grand masters, and senior masters and top three awards for the standard five-year age groups from under 14 to over 70. There will be a trophy for the firm or business with the most overall participants. The popular Legal Beagle T-shirts are included in the race materials and are also available for sale without race entry. A one mile fun run will be held at 9:15 a.m. In the fun run, there will be awards for overall male and female, and top three awards in the following age groups: 5 & under, 6-7, 8-9, 10-12, & 13-15. **Registration will be held in the parking lot of Regions Bank alongside the I-55 Kroger (between the post office and the old Krystal).**

This year's race will also feature a team competition (5K run and walk only). Teams may have 3 to 5 members, but only the top 3 finishers for each team will be scored. Please submit entry forms for each team member, and send all entries and fees in a single envelope. Each team must provide a team name. No race day team registration, please. Team registration fee is \$50. Awards to top 3 teams in 5K run and walk.

REGISTRATION FORM

5K WALK: []

5K RUN:[]

1 MILE FUN RUN: [] (children 15 and under)

Name: _____ Phone:(home) _____ (work) _____

Address: _____

E-mail: _____

Date of Birth: _____ Age: (as of March 13, 2010) _____ Male:[] Female:[]

T-shirt size: S[] M[] L[] XL[] XXL[] (XXL: \$2.00 extra) **Name of Participant's Firm or Business:** _____

Name of Team (if applicable): _____

Cost: Pre-registered (5K run, walk, and fun run): \$20

Race Day (5K run and walk): \$25

Race Day (fun run): \$20

Team Pre-registration only (5k run and walk only): \$50

Family (5 maximum): \$50

T-shirt only: \$15

Make checks payable to:

Jackson Young Lawyers Assoc.

Release and Waiver

I, the undersigned, in consideration of acceptance of the entry and registration as participant in the Legal Beagle 5K, waive any and all claims which I and my heirs or assigns may now or hereafter have against Jackson Young Lawyers Association, its members, the Mississippi Track Club, Inc., Express Printing, Inc., Regions Bank, and all officials, volunteers and sponsors of the Legal Beagle 5K which may indirectly or directly result from my participation in the Legal Beagle 5K. I further warrant and represent that I am in proper physical condition to participate in the Legal Beagle 5K and am not participating in this event against physician's advice nor am I taking medications which would impair my health or ability to participate in the Legal Beagle 5K.

Participant's Signature: _____ Date: _____

Signature of Parent or Guardian: (if participant is under 18) _____