2013

Baptist MEDICAL CENTER LEAKE

Heart of Mississippi 5K Run/Walk Saturday, May 18th, 2013

5K Run Age Group:
Male: 10 & Under; 11-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & above
Female: 10 & under, 11-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & above
Awards:
Overall 5K Run: Male and Female winners will receive prize money of $50 each. Master Award and Grand Master Award will be presented. Overall Leake County Award for RUN ONLY will be presented.
Track Club Teams: Each team may have up to 5 members. The fastest Run Team and fastest Walk Team will be awarded with a trophy. Members qualify for age class awards.

5K Walk Age Group:
Male & Female: 19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & above
Awards:
Overall 5K Walk: Male and Female winners will receive prize money of $25 each. Master Award and Grand Master Award will be presented.
One Mile Fun Run:
Age Groups: 5 & under, 6-7, 8-9, 10-11, 12-13, 14-16, No one over 16 is allowed to participate.
Awards: Overall Fun Run: Male and Female winners. 1st, 2nd and 3rd place winners in each age group will receive medallions. Ribbons will be presented to all participants.

All Proceeds From Race Will Go To Benefit The D.A.R.E Program

Registration Form

I wish to enter the: (Check one) □ 5K Run □ 5K Walk □ One Mile Fun Run

Name: _____ Telephone: (_____) _____
(First) (Last)

Email Address: _____ Age Day of Event: _____ Gender: _____

Address: _____
(Street or P.O. Box No.) (City) (State) (Zip)

Name of Team (if applicable): _____

T-Shirt Size: ADULT □S □M □L □XL □**XXL ($2 extra)**; YOUTH □S □M

The MTC and the Heart of Mississippi 5K are not responsible for packets not pick up prior or on race day.

Runner Must Complete • General Release & Waiver Statement

The undersigned certifies that the runner is fit to take part in the Run/Walk and assumes all risks involved in consideration of the acceptance of this application to take part in the Run/Walk, the undersigned releases the sponsors of the Run/Walk and the Mississippi Track Club, Inc., their agents, officers and employees, and any individuals associated with the Run/Walk from any liability for injury, illness or death suffered by the runner/walker in connection with said participation, and does herby further agree that this release is binding on the runner and the runner's personal representatives, beneficiaries, heirs, executors and administrators, and further agree that neither the sponsors nor the Mississippi Track Club, Inc., are responsible for the loss of personal items connected herewith. I further authorize the use of my name and picture as may be used for publicity of the race and the results.

_____ _____
Signature of runner (or parent or guardian if runner is under the age of 18) Date

Mail Registration Form & Make Check Payable To:
Heart of Mississippi 5K Run
P.O. Box 593 • Carthage, MS 39051

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GRAND PRIX EVENT

Race: Saturday, May 18th, 2013 – Registration begins at 7:00am; Ceremony @ 7:45am; Race start time @ 8:00am

Distance: 5K Run/Walk • 1 Mile Fun Run

Route: Starts at the Carthage Chamber of Commerce Office on corner of Pearl Street and Main Street making a loop on Highway 35 North cutting back on Pearl Street South all the way back to finish line on Pearl Street/Main Street. Trophies will be presented at Trustmark Park Amphitheater.

Entry: 5K Run/Walk ($20.00 pre-reg. post marked by Monday, May 13th, 2013; $25.00 race day)
Fun Run ($10.00 pre-reg. post marked by Monday, May 13th, 2013; $15.00 race day)
Family Pack* ($50.00 pre-reg. only)
*Parents and dependents living at same address only
Teams** ($75.00 pre-reg. – on day of race $100.00)
**Up to five members per team only - includes official T-Shirt
***The first 300 pre-registered entries are guaranteed a T-Shirt

Contact Wayne Buchanan 601-267-6983 or E-mail @ carthage_unitdirector@bgcattala.org for details

Event Sponsors:

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