



Road Running Technical Council
USA Track & Field

Measurement Certificate



Name of the course Fill Your Heart & Belly w/ the Spirit 10K Distance 10 km

Location (state) Mississippi (city) Summit

Type of course: road race [x] calibration [ ] track [ ] Configuration: double loop

Type of surface: paved 100 % dirt [ ] gravel [ ] grass [ ] track [ ]

Elevation (meters above sea level) Start 107 m Finish 107 m Highest 126 m Lowest 99 m

Straight line distance between start & finish 66 m Drop 0 m/km Separation 0.7 %

Measured by (name, address, phone & e-mail) Josh Hammons e-mail: info@msracetiming.com
132 Foxchase Drive, Madison, MS ph: (601)278-4104

Race contact (name, address & phone) Tara Mir
Felder UMC, 1061 Campground Circle, Summit, MS 39660 ph: (601)341-9933

Measuring Methods: bicycle [x] steel tape [ ] electronic distance meter [ ]

Number of measurements of entire course: 2 Date(s) when course measured: 03/26/2011

Race date: 04/21/2011 Course certification effective date: 04/28/2011

Replaces: not applicable (if applicable) Certification code: MS11019MS

Notice to Race Director
Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

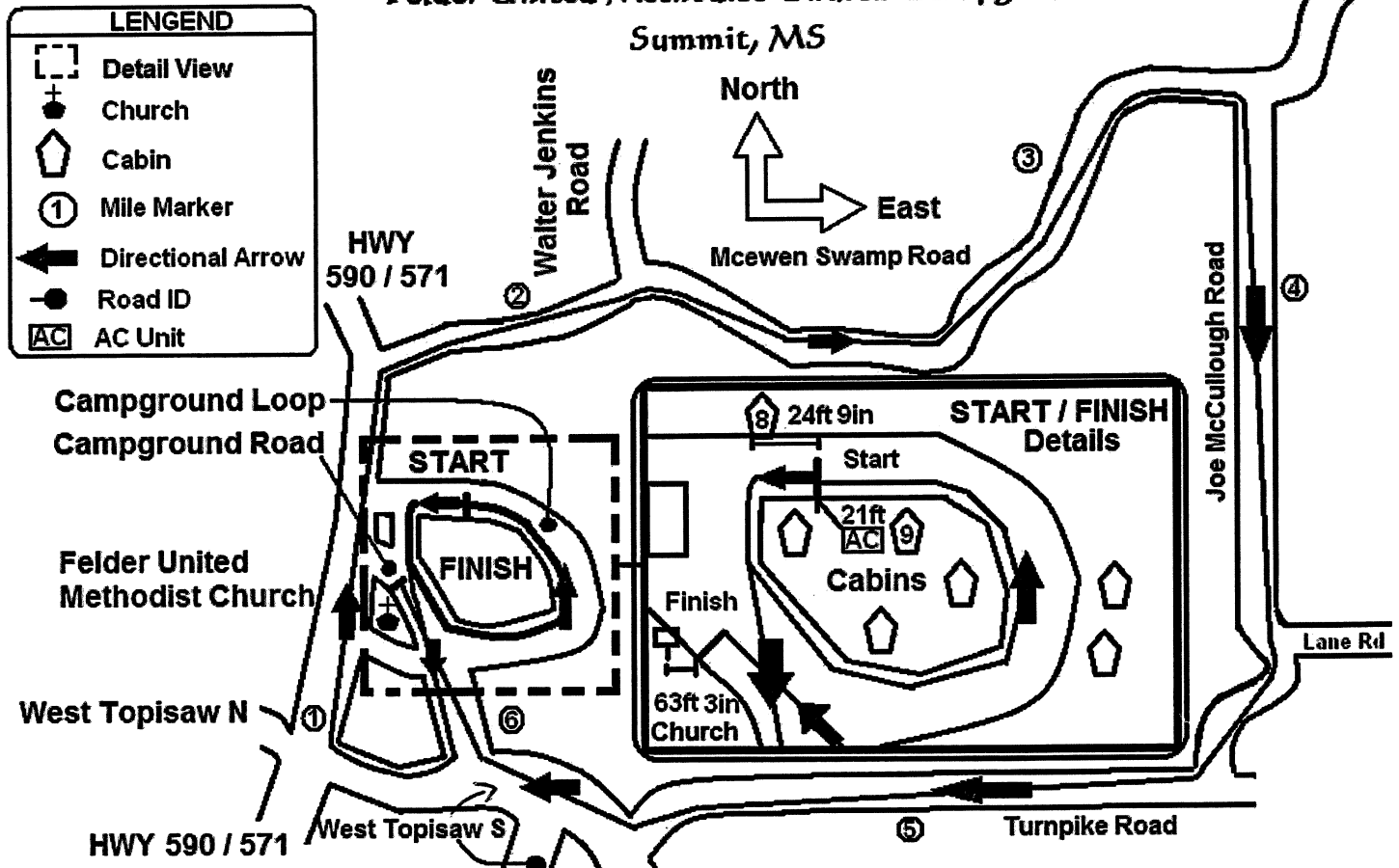
AS NATIONALLY CERTIFIED BY:

Matthew Studholme – USATF/RRTC Regional Certifier Date: 05/29/2011

452 Brookhill Drive, Abingdon, Virginia 24210 Phone: (276) 451-2426 E-mail: sheddingcat@comcast.net

# FILL YOUR HEART AND BELLY WITH THE SPIRIT 10K

Felder United Methodist Church Campground



Measured by Josh Hammons on March 26, 2011

### List of Measured Points

<b>START</b>	<ul style="list-style-type: none"> <li>3 feet 5 inches North of Large Oak. 24 feet 9 inches East of West Corner of Cabin 8. 21 feet North Northwest of Cabin 9 AC unit. Starts on Campground Loop. Participants take a left on Campground Road, make 1 loop around the cabins on Campground Loop, pass through the starting line again, and then head south on Campground Road.</li> </ul>
<b>MILE 1</b>	<ul style="list-style-type: none"> <li>32 feet 3 inches North of culvert. 35 feet 0 inches North of Handrail. On HWY 590/571 near the intersection of West Topisaw S &amp; N.</li> </ul>
<b>MILE 2</b>	<ul style="list-style-type: none"> <li>26 feet 8 inches North of Large pine. 50 feet 7 inches west of oak. On McEwen Swamp Road.</li> </ul>
<b>MILE 3</b>	<ul style="list-style-type: none"> <li>62 feet east of Scandurro Posted Sign. On McEwen Swamp Road.</li> </ul>
<b>MILE 4</b>	<ul style="list-style-type: none"> <li>92 feet 7 inches north of mailbox. On Joe McCullough Road.</li> </ul>
<b>MILE 5</b>	<ul style="list-style-type: none"> <li>8 feet 10 inches Southeast of culvert. On Turnpike Road.</li> </ul>
<b>MILE 6</b>	<ul style="list-style-type: none"> <li>62 feet 3 inches Northwest of light pole 01965. On Campground Road.</li> </ul>
<b>FINISH</b>	<ul style="list-style-type: none"> <li>64 feet 3 inches East of Felder United Methodist Church Sign. 22 feet 0 inches North of Light pole 12968</li> </ul>