

In Memory of Zachary Stephens

Schedule of Events

April 7, 2018

We run/walk rain OR shine! **No Refunds!** Race Packets & T-Shirts Guaranteed Only to *First 200* Pre-Registered Participants.

6:30-7:30 a.m. Registration
(Packet/T-Shirt Pick Up)
8:00 a.m. Begin 5K Run/Walk
9:00 a.m. Begin 1 Mile Run

Location and Phone

Felder UMC: Located 9 miles east of Summit on Highway 570.
Phone: 601-684-8797 / 601-341-9933.

Registration and Entry Fees

Register Online at [Active.com](http://www.active.com) or <http://www.active.com/summit-ms/running/distance-running-races/fill-your-heart-and-run-for-cystic-fibrosis-2018> or mail-in registration.

Individual Fees: 5K-\$30 Mile-\$20

Team Fee: \$100 (Up to 5)
Pre-registration only by March 23rd.
Scoring only top 3. Fill out one form for each team member and list the team name on the form.

On-Site Registration: Add \$5.00.

Door Prizes and Silent Auction

Featuring...the Summit Turnpike 5K Run/Walk & Felder Campground 1 Mile Run

Awards 5K Run/Walk

- Overall Male and Female
- Top 3 in Each Age Group:
19 and Under 20-29 30-39
40-49 50-59 60 and Over
- Top 3 Teams

We are not responsible for trophies/packets not claimed on race day.

If you register for 5K Walk but RUN ANY PART OF COURSE, YOU WILL BE DISQUALIFIED.

1 Mile Run

- Overall Male and Female
- Top 3 Male and Female Winners of Any Age

Release and Waiver

I, the undersigned, in consideration of acceptance of the entry and registration as participant in the Felder United Methodist Church Run/Walk hold harmless and waive any and all claims which I and my heirs or assigns may now or hereafter have against Felder United Methodist Church, its members, volunteers, sponsors, and all officials; Southwest Mississippi Benefit for Cystic Fibrosis, Inc., its members, volunteers, sponsors, and all officials; and Mississippi Track Club, LLC, its members, volunteers, sponsors, and all officials which may indirectly or directly result from my participation in this event. I further warrant and represent that I am in proper physical condition to participate in this event and am not participating in this event against my physician's advice nor am I taking medications which would impair my health or ability to participate in this event. I further give permission for the use of my name and/or photo in race publicity.

Signature: _____

Registration Form

Race Director Use ONLY **BIB#** _____

Circle Event: 5K Run 5K Walk
1 Mile Run

Circle Shirt Size:

Small Medium Large X-Large
XX-Large (add \$2 to Entry Fee)

Name: _____

Age: _____ Gender: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone: _____

Email: _____

Team Name: _____

Participant Signature (Guardian, if under 18):

Date: _____

Register Online at [Active.com](http://www.active.com) or
Mail-in Registration and make
checks payable to:

Felder UMC
1061 Campground Circle
Summit, MS 39666

About SMBCF Inc.

SMBCF Inc. is a Section 501(c)(3) non-profit organization. Our purposes include, but are not limited to:

- raising awareness in Southwest Mississippi about Cystic Fibrosis and raising awareness of the strides being made toward a cure.
- supporting the Cystic Fibrosis Foundation in its research efforts by helping to raise much needed funds.
- educating the public that specialized care is provided at CF Care Centers including, but not limited to Blair Batson Children's Hospital in Jackson, MS and Tulane University Hospital in New Orleans, LA.
- assisting local families with CF patients with incidental expenses, when needed including, but not limited to, funds for families' travel to out of town hospitals and/or doctor visits, boarding expenses and other incidentals.
- providing gifts for CF patients in the hospital.
- expressing condolences to families of CF patients.

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Association Local 4615



About Cystic Fibrosis

An inherited chronic disease that affects the lungs and digestive system with a defective gene that produces thick and sticky mucus that: 1) Clogs the lungs and leads to life-threatening lung infections, and 2) Obstructs the pancreas and stops natural enzymes from helping the body break down and absorb food. In the 1950s, few children with cystic fibrosis lived to attend elementary school. Today, advances in research and medical treatments have further enhanced and extended life for children and adults with CF. Many people with the disease can now expect to live into their 30s, 40s and beyond. CF patients have to take enzymes, breathing treatments, and vitamins daily.

The "65 Roses" Story

Mary G. Weiss became a volunteer for the Cystic Fibrosis Foundation in 1965 after learning that her three little boys all had Cystic Fibrosis (CF). Her duty was to call every civic club, social and service organization seeking financial support for CF research. Mary's 4 year-old son, Richard, listened closely to his mother as she made each call. After several calls, Richard came into the room and told his Mom, "I know what you are working for." Mary was dumbstruck because Richard did not know what she was doing, nor did he know that he had CF. With some trepidation, Mary posed the question back to him, "What am I working for, Richard?" "You are working for *65 Roses*," he answered so sweetly. Mary was speechless. She went over to him and tenderly pressed his tiny body to hers. He could not see the tears running down Mary's cheeks as she stammered, "Yes, Richard, I'm working for *65 Roses*." For over 40 years, *65 Roses* has been used by children of all ages to describe their disease. But making it easier to say doesn't make CF any easier to live with the ugly fact that CF is the number-one genetic killer of children and young adults in the United States today. The *65 Roses* story has captured the hearts and emotions of all who have heard it. The rose, appropriately the ancient symbol of love, has become a symbol of the Cystic Fibrosis Foundation. We hope every time you see beautiful roses you will think of Richard, his two brothers, and the thousands with Cystic Fibrosis.



**11th Annual 5K Run/Walk
& 1 Mile Run**

(USATF Certified Courses)

Saturday, April 7, 2018

In Memory of Zachary Stephens

**Felder UMC
1061 Campground Circle
Summit, MS 39666**

Organized by
**Felder UMC and
MS Track Club, LLC**
Co-Sponsored by
Rotary Club of McComb

Proceeds to Support
**Southwest Mississippi Benefit
for Cystic Fibrosis, Inc.**

Register Online at Active.com
or Mail-in Registration.
For More Information Contact:
Tara Hennington at
tara@henningtonchiro.com