

**NATIONAL GUARD 4K
Flowood, MS
May 14, 2021**

4K Run - Men

Overall: Caleb Hammons 14:42

Masters: Aaron Washington 18:57

Grand Masters: Dexter Thornton 19:41

19 & Under: Samuel Terrett 17:25, Isaac Green 24:22

20-29: Charles Jenkins 17:34, Steven Gonzalez 18:47, Roshan AD 19:21

30-39: Jeff Rogers 17:30, Kevin Jones 19:27, David Butters 20:26

40-49: Jason Holmes 19:41, Shelby Murray 19:51, Brent McCullough 20:12

50-59: Richard Rowland 21:32, 51 Clint Steele 25:46, Michael Louvier 30:04

4K Run - Women

Overall: Samantha Snabes 20:38

Masters: Angie Walker 21:12

Grand Masters: Shannon Steele 21:23

19 & Under: Brylee Wall 26:33, Avery Wall 36:23

20-29: Molly Hartfield 24:12, Hannah Walters 26:04, Keelan McMillan 26:05

30-39: Martini Ford 23:09, Cantrell Anderson 23:11, Chasidy Goodwin 32:21

40-49: Jalyne Wade 26:28, Nicki Shaw 26:51, Rachel Wall 36:31

50-59: Keith Ann Stone 24:01, Jillian Zakrzewski 27:06, Randall Mantooth 31:02

5K Walk - Men

Overall: Marvin Givens 38:03

Masters: William Cook III 43:28

Grand Masters: Jerry Stephenson 46:30

5K Walk - Women

Overall: Rhonda Berry 37:21

Masters: Stacey Griffin 39:56

Grand Masters: Gretchen Cook 43:55

30-39: Ashley Pickens 39:44

40-49: Torri Terrett 45:00

COMPLETE 4K RUN RESULTS

Place	Name	Age	Time	Pace	Grade
1	1	Caleb Hammons	38M	14:42	5:53 14:07
2	1	Samuel Terrett	17M	17:25	6:58 16:38
3	2	Jeff Rogers	38M	17:30	7:00 16:48
4	1	Charles Jenkins	22M	17:34	7:02 17:34
5	2	Steven Gonzalez	29M	18:47	7:31 18:46
6	1	Aaron Washington	66M	18:57	7:35 14:27
7	3	Roshan AD	25M	19:21	7:45 19:21
8	3	Kevin Jones	38M	19:27	7:47 18:40
9	1	Dexter Thornton	51M	19:41	7:53 17:05
10	1	Jason Holmes	46M	19:41	7:53 17:47
11	2	Shelby Murray	48M	19:51	7:57 17:39
12	4	Desmond Jones	22M	19:53	7:58 19:53
13	5	Brian Hartfield	29M	20:00	8:00 19:59
14	3	Brent McCullough	49M	20:12	8:05 17:49
15	4	David Butters	35M	20:26	8:11 20:00
16	1	Samantha Snabes	40F	20:38	8:16 19:56
17	6	Eric Stovall	21M	20:57	8:23 20:53
18	2	Angie Walker	44F	21:12	8:29 19:50
19	1	Shannon Steele	52F	21:23	8:34 18:15
20	5	Joshua Williams	36M	21:30	8:36 20:56
21	2	Richard Rowland	54M	21:32	8:37 18:14
22	7	AJ McClinton	27M	21:46	8:43 21:46
23	4	Johnathan Simon	41M	21:48	8:44 20:27
24	5	Ashley Sullivan	42M	21:54	8:46 20:24
25	6	Brian Hughes	40M	21:56	8:47 20:44
26	7	Sherrid Griffin, Jr.	47M	22:01	8:49 19:44
27	8	Roper Roper	29M	22:09	8:52 22:08

28	6	Russell Monroe	31M	22:11	8:53 22:05
29	7	Seth Davidson	39M	22:15	8:54 21:12
30	8	Antwonn Parker	31M	22:24	8:58 22:18
31	8	Clay Wall	45M	22:26	8:59 20:25
32	9	Marcus Parker	42M	22:29	9:00 20:56
33	9	Logan Kirkman	23M	22:33	9:02 22:33
34	10	Zack Martin	22M	22:58	9:12 22:58
35	10	Bryce Wade	40M	23:03	9:14 21:48
36	1	Martini Ford	36F	23:09	9:16 22:50
37	2	Cantrell Anderson	30F	23:11	9:17 23:11
38	9	Joe Sears	31M	23:34	9:26 23:28
39	11	Derek Holland	46M	23:36	9:27 21:19
40	11	Justin Hudson	20M	23:36	9:27 23:21
41	2	Keith Ann Stone	59F	24:01	9:37 18:40
42	12	Matthew Lorange	49M	24:11	9:41 21:20
43	1	Molly Hartfield	29F	24:12	9:41 24:12
44	10	Justin Phouasalith	36M	24:15	9:42 23:36
45	2	Isaac Green	11M	24:22	9:45 20:34
46	12	Jackson Baldwin	21M	24:23	9:46 24:18
47	11	Dustin Guadagno	37M	24:38	9:52 23:49
48	13	Joseph Jariki	22M	25:01	10:01 25:01
49	13	Bobby Freeman	40M	25:22	10:09 23:59
50	14	James Green	21M	25:44	10:18 25:38
51	3	Clint Steele	50M	25:46	10:19 22:33
52	12	Will McMillan	34M	26:04	10:26 25:39
53	2	Hannah Walters	22F	26:04	10:26 26:04
54	3	Keelan McMillan	29F	26:05	10:26 26:05
55	14	Sed Johnson	46M	26:05	10:26 23:33
56	13	Ryan Green	38M	26:12	10:29 25:08
57	3	Jalyn Wade	41F	26:28	10:36 25:23
58	1	Brylee Wall	12F	26:33	10:38 24:09
59	15	Bubba Erwin	27M	26:47	10:43 26:47
60	4	Nicki Shaw	40F	26:51	10:45 25:56
61	16	Sam Renson	21M	27:06	10:51 27:00
62	2	Jillian Zakrzewski	51F	27:06	10:51 27:06
63	17	Chandler Higgins	21M	27:24	10:58 27:18
64	4	Michael Louvier	55M	30:04	12:02 25:15
65	5	David Oglesby	52M	30:46	12:19 26:29
66	15	Garrett Erickson	40M	30:52	12:21 29:11
67	3	Randall Mantooth	54F	31:02	12:25 25:48
68	3	Chasidy Goodwin	37F	32:21	12:57 31:46
69	4	Crista Erickson	32F	33:23	13:22 33:18
70	3	Avery Wall	10F	36:23	14:34 31:34
71	5	Rachel Wall	44F	36:31	14:37 34:10
72	6	Jerry Banks	55M	42:47	17:07 35:55

COMPLETE 5K WALK RESULTS

Place	Name	Age	Time	Pace	Grade
1	1	Rhonda Berry	44F	37:21	12:03 34:57
2	1	Marvin Givens	69M	38:03	12:17 28:10
3	1	Ashley Pickens	31F	39:44	12:50 39:42
4	1	Stacey Griffin	51F	39:56	12:53 34:30
5	1	William Cook III	59M	43:28	14:02 35:16
6	2	Gretchen Cook	55F	43:55	14:10 36:02
7	2	Torri Terrett	45F	45:00	14:31 41:42
8	2	Jerry Stephenson	66M	46:30	15:00 35:26